

### Carlow & Kilkenny Children & Young People's Services Committees

FEBRUARY 9, 2018 VOLUME 3, NUMBER 5

# Family Support Service We can offer individual support to families in Callan and the surrounding areas If you would like support dealing with parenting issues such as: Behaviour Sleep Routines Breast Feeding Advice & Signposting This can be in the centre or in your own home, just call Jess to book!

The Old CBS, West Street, Callan, Co Kilkenny

Tel: 056 7755660 Email: droicheadfrc@gmail.com Facebook: @DroicheadFRC



An Ghníomhaireacht um Leanaí agus an Teaghlach Child and Family Agency

Date: 22<sup>nd</sup> February 2018 Venue: Seven Oaks Time: 10am Open Invitation To A Presentation On:

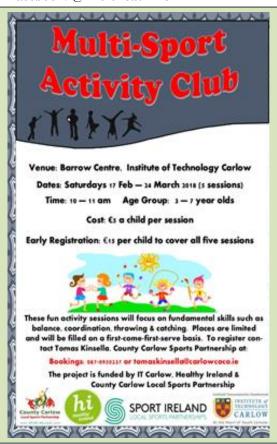
# Trauma-Informed Care: Recognising and Responding to Trauma in Children and Adolescents

This lecture will aim to provide an up-to-date account of what we now know about trauma and how we can best respond to children and young people who are suffering as a result of traumatic experiences.

A particular emphasis will be placed on complex/developmental trauma due to the profound impact that these experiences have on children and adolescents in almost all developmental domains.

**Presenter:** Dr. Mark Fitzhenry is a Clinical Psychologist working in the Primary Care and Child Psychology Service in Carlow









Kilkenny Library Service with partners Kilkenny Education Centre, Kilkenny Childcare Committee and Carlow Kilkenny ETB are delighted to invite parents to a workshop about story reading, with renowned storyteller, teacher & storysack originator, Neil Griffith. Topics covered will include:

Reviews storytime and book sharing Examines read-aloud techniques

Shows how props can be used to enhance story

Presents 'Storysack' as a resource for supporting stories and improving read-aloud experiences.

Booking is essential as places are limited.

Phone 056 779 4176 or email <a href="mailto:loughboy@kilkennylibrary.je">loughboy@kilkennylibrary.je</a>

Read full newsletter on:

https://mailchi.mp/e6d37a64a32b/kilk enny-library-newsletter-february-372805?e=0163c6a9a6

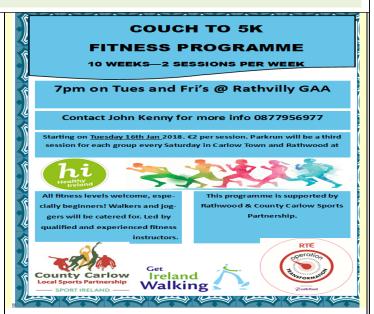
# 1916 Bursary Fund

**Closing Date** Fri 16 Feb 2018

The Bursaries are targeted at students who are underrepresented in higher education and who are from one of the following target groups that have low participation rates in higher education:

- Students from socio economically disadvantaged backgrounds;
- First time, mature student entrants;
- Students with a disability particularly students with a physical/mobility impairment, students are who deaf/hard of hearing and students who are blind or have a visual impairment;
- Irish Travellers;
- Further education award holders:
- Lone parents in receipt of a means tested social welfare payment (at least 20% of the bursaries will be targeted at lone
- Ethnic minorities (including programme refugees);
- Students who are or were in the Care of the State

https://www.maynoothuniversity.ie/access-office/1916-Bursary-Fund





#### Carlow Regional Youth Service



#### Positive Wellbeing & Mental **Health Programme**

Day: 14th & 15th February 2018

10am - 4pm

Venue: Graiguecullen Youth Project

40 Fruithill Manor, Graiguecullen

Contact: Tracev 086 8054601

Paul 085 7897279

Cost:

Age: Young People aged 16 - 18

- ogramme.

  FRIENDS Adult Resilience provides positive coping, and resilience skills for young people aged 16+

  This allows them to develop the skills needed to deal with difficult and stressful situations.

  programme will finish with a fun day trip with outdoor challenges







WE WORK TO EMPOWER YOUNG PEOPLE TO ACHIEVE THEIR POTENTIAL THROUGH QUALITY YOUTH WORK MONIGOMERY HOUSE, ATHY ROAD, CARLOW WWW.CARLOWYSJE 059 930476 CHY:15667

#### Principals call for Leaving Cert oral exams to

be moved https://www.irishtimes.com/news/education/principalscall-for-leaving-cert-oral-exams-to-be-moved-1.3379724

#### Group urges families to be aware of au pairs'

rights https://www.irishtimes.com/news/social-affairs/group-urgesfamilies-to-be-aware-of-au-pairs-rights-1.3378240

#### The central role of purpose in a healthy

outlook on life https://www.irishtimes.com/life-and-style/healthfamily/parenting/the-central-role-of-purpose-in-a-healthy-outlook-on-life-

#### Fifteen children in intensive care during flu

**season** https://www.independent.ie/irish-news/health/fifteen-childrenin-intensive-care-during-flu-season-36564544.html

#### Brendan O'Connor: Is it time for us to do away with single-sex schooling?

https://www.independent.ie/opinion/columnists/brendanoconnor/brendan-oconnor-is-it-time-for-us-to-do-away-with-singlesexschooling-36564591.html

#### Plans for one year of paid parental leave

https://www.irishexaminer.com/ireland/plans-for-one-year-of-paidparental-leave-466659.html

#### Warning for parents as 34% of pre-teens talk to strangers online

https://www.irishtimes.com/business/technology/warning-for-parents-as-34-of-pre-teens-talk-to-strangers-online-1.3381225

#### Theory that 'children are bad' has not vanished in Ireland https://www.irishtimes.com/life-andstyle/health-family/theory-that-children-are-bad-has-not-vanished-in-

#### '2,100 have died during two-year delay to

booze law' https://www.independent.ie/irish-news/health/2100have-died-during-twoyear-delay-to-booze-law-36572019.html

#### Ireland's most common food allergies

https://www.independent.ie/life/health-wellbeing/healthy-eating/irelandsmost-common-food-allergies-36560660.html

#### Truanting prosecution law to extend to infants' parents

https://www.irishexaminer.com/ireland/truanting-prosecution-law-toextend-to-infants-parents-466790.html

#### Pupil power: taking control of online safety

https://www.independent.ie/irish-news/education/going-to-college/pupilpower-taking-control-of-online-safety-36575452.html

#### Women's Aid wants gardaí trained and monitored on domestic violence

https://www.irishexaminer.com/ireland/womens-aid-wants-gardai-trainedand-monitored-on-domestic-violence-466833.html

#### Surge in third-level students reporting mental health issues

https://www.irishexaminer.com/ireland/surge-in-third-levelstudentsreporting-mental-health-issues-466834.html

#### First technological universities could open in **September** <a href="https://www.irishexaminer.com/ireland/first-">https://www.irishexaminer.com/ireland/first-</a>

technological-universities-could-open-in-september-466832.html

Teachers should ask children if they are

## suicidal, says charity boss

https://www.belfasttelegraph.co.uk/news/uk/teachers-should-ask-childrenif-they-are-suicidal-says-charity-boss-36580750.html

#### Schools are not the answer to childhood obesity epidemic, study shows

https://www.theguardian.com/society/2018/feb/08/schools-are-not-theanswer-to-childhood-obesity-epidemic-study-shows



#### Longer maternity leave linked to better exam results for some children

https://www.theguardian.com/education/2018/feb/07/longer-maternity-leave-linkedto-better-exam-results-for-some-children

#### Trauma system set for major reform

http://www.irishhealth.com/article.html?id=26074

#### Acne linked with higher risk of depression

http://www.irishhealth.com/article.html?id=26076

#### **Dublin to host major anti-bullying event**

http://www.irishhealth.com/article.html?id=26078

#### Parents to get their say on whether local school should stay Catholic https://www.independent.ie/irish-

news/education/parents-to-get-their-say-on-whether-local-school-should-stay-catholic-36580424.html

#### Suicide prevention plan offers a light in the

darkness https://www.irishexaminer.com/ireland/suicide-prevention-plan-offersa-light-in-the-darkness-466904.html



**County Carlow** Local Sports Partnership Training & Education January - April 2018



Training	Date	rime	ree	venue
February				
Safeguarding 1 – Basic Awareness Workshop in child welfare and protection	Monday 5 <sup>th</sup> February	6.45pm – 9.45pm	€20	IT Carlow Barrow Centre RF209
March				
Slí Walking Leader Training 2018	Friday 2 <sup>nd</sup> March Saturday 3 <sup>rd</sup> March	Friday 6pm – 9pm Saturday 9am – 5pm	€50	I.T. Carlow Barrow Centre
April	•	•	•	•
Safeguarding 1 – Basic Awareness Workshop in child welfare and protection	Monday 16th April	6.45pm – 9.45pm	€20	IT Carlow Barrow Centre RF209
Sports First Aid	Monday 16th April & Monday 23rd April	6.00pm – 10pm	€50	IT Carlow Barrow Centre RF210
Rescue Emergency Care (REC) Level 3	Saturday 21 <sup>st</sup> April Sunday 22 <sup>nd</sup> April	Sat 9am – 6pm Sunday 9am – 6pm	€135	твс
Safeguarding 2 – Club Children's Officer Workshop	Monday 23 <sup>rd</sup> April	6.45pm – 9.45pm	€20	IT Carlow Barrow Centre RF209
Disability Awareness Training	To Be Confirmed	To Be Confirmed	TBC	твс

To book a place on any of the above courses please contact the County Carlow Local Sports Partnership at 059 9136205 or by email at scorrigan@carlowcoco.ie Places are limited and will be allocated on a first come first served basis. Courses are subsidised by Sport Ireland. Check out our social media pages at County Carlow Sports Partnership





