



# Carlow & Kilkenny Children & Young People's Services Committees

MARCH 9, 2018

VOLUME 4, NUMBER 8

## Foundation Programme in Sexual Health Promotion

18th & 19th September,  
16th & 17th October  
6th & 7th November  
27th & 28th November 11th & 12th December 2018

Dungarvan, Co Waterford

**Course Aim:** To enhance participants' capacity to incorporate sexual health promotion into their work through the development of their comfort levels, confidence, knowledge and skills in relation to sexual health

**Application Process** Step 1: Application Form  
Step 2: Telephone interview

Closing date for applications is:  
Friday 18<sup>th</sup> May 2018  
Application forms are available from  
Tracey Tobin [tracy.tobin@hse.ie](mailto:tracy.tobin@hse.ie) / 0879028590



Thursday 12<sup>th</sup> April 2018 starting at 7.30pm in  
The Pembroke Hotel, proceeds in aid of



Enquiries/ Pre-bookings -  
[rotarykilkenny@gmail.com](mailto:rotarykilkenny@gmail.com) or enter on  
the night. €40 per table of 4

### WE'RE HIRING!

#### CAMP LEADERS REQUIRED!

**Additional Needs Multi Activity Camp leaders required for 26th and 27th of March 9.30am - 2.30pm**

Contact Teresa at County Carlow Local Sports Partnership  
Email: [sidocarlow@gmail.com](mailto:sidocarlow@gmail.com)  
Mob: 087-3868973  
for more information and application form

Training will be provided

### Multi-Activity inclusive 2 day Easter Camp

County Carlow LSP has organised a Fun Filled 2 day Camp. The Camp is open to Boys & Girls with a Disability & their Siblings, From 6 - 15 Years

March 26th & 27th  
10am - 2pm  
@ IT Carlow

The Cost is €15 per Child with each additional Child €5

Please Contact Teresa for an Application form  
[sidocarlow@gmail.com](mailto:sidocarlow@gmail.com)  
0873868973/  
0599170380

Places are Limited & will be Allocated on a First Come First Served Basis



**The General Data Protection Regulation** significantly changes data protection law in Europe, strengthening the rights of individuals and increasing the obligations on organisations. Get aware, and get prepared.

[www.GDPRandYou.ie](http://www.GDPRandYou.ie)



## GDPR

Coming May 25th 2018

## FREE TABLET CLASS

Do you know someone who recently got a new tablet or is struggling with their old tablet?

Help is at hand!  
Ring Andrea in  
St Catherine's,  
Carlow on 059 9138706

to get details of our  
**FREE**  
Tablet Classes

## INVITATION

Carlow County Development Partnership & LGBTI Voices for Carlow warmly invite you to participate in this training session

### **LGBT Health Awareness: Working with lesbian, gay, bisexual, transgender and intersex (LGBTI) people**

Training includes:

- Language and cultural difference
- Service needs and supports
- Understanding challenges
  - Promoting inclusion

Training package developed by HSE CHO5 LGBTI Steering Committee  
Information materials will be provided

**Friday 23<sup>rd</sup> March 9.30am – 1pm**  
**St. Catherine's Community Services Centre**  
St. Joseph's Road, Carlow

Please complete the attached booking form and return to Hayley Fox-Roberts at [lgbtworkcarlow@gmail.com](mailto:lgbtworkcarlow@gmail.com) by Monday 19<sup>th</sup> March

LGBT Voices in Carlow  
Capacity Building for the LGBTI Community  
E: [lgbtworkcarlow@gmail.com](mailto:lgbtworkcarlow@gmail.com) / Facebook: LGBTWork Carlow



### **Abuse of sedatives leading to rise in 'violence, aggression' among teens**

<https://www.irishtimes.com/news/health/abuse-of-sedatives-leading-to-rise-in-violence-aggression-among-teens-1.3403219>

### **Children 'are struggling to hold pens' due to excessive iPad use**

<https://www.independent.ie/life/family/parenting/children-are-struggling-to-hold-pens-due-to-excessive-ipad-use-36642578.html>

### **Are online 'friendships' with strangers taking over for stressed-out parents?**

<https://www.independent.ie/life/family/parenting/are-online-friendships-with-strangers-taking-over-for-stressed-out-parents-36639233.html>

### **HSE initiative to tackle ASD assessment backlog**

<https://www.irishexaminer.com/ireland/hse-initiative-to-tackle-asd-assessment-backlog-467656.html>

### **Ban on sex offenders contacting victims**

<https://www.irishexaminer.com/ireland/ban-on-sex-offenders-contacting-victims-467655.html>

### **Health bill on safe alcohol use has been diluted too much**

<https://www.irishexaminer.com/breakingnews/views/analysis/health-bill-on-safe-alcohol-use-has-been-diluted-too-much-829831.html>

### **Social media firms failing to protect young people, survey finds**

<https://www.theguardian.com/society/2018/feb/26/social-media-firms-failing-to-protect-young-people-survey-finds>

### **Children in Ireland 'are not a priority'**

<http://www.irishhealth.com/article.html?id=26099>

### **Schools may not cut Easter Holidays over snow closures**

<https://www.irishtimes.com/news/education/schools-may-not-cut-easter-holidays-over-snow-closures-1.3411949>

### **Welcome to gay parents edited out of church video**

<https://www.independent.ie/irish-news/welcome-to-gay-parents-edited-out-of-church-video-36669007.html>

### **Church families gathering in Dublin must be inclusive – Zappone**

<https://www.irishtimes.com/news/social-affairs/religion-and-beliefs/church-families-gathering-in-dublin-must-be-inclusive-zappone-1.3411748>

### **Just three in 10 parents take children to dentist for oral pain, says study**

<https://www.irishexaminer.com/breakingnews/world/just-three-in-10-parents-take-children-to-dentist-for-oral-pain-says-study-830480.html>

### **Alarm over 'dumbing down' of criteria for new technological universities**

<https://www.irishtimes.com/news/education/alarm-over-dumbing-down-of-criteria-for-new-technological-universities-1.3414487>

### **The importance of relationships and belonging**

<https://www.irishtimes.com/life-and-style/health-family/parenting/the-importance-of-relationships-and-belonging-1.3405948>

### **Keeping pupils safe from harm**

<https://www.independent.ie/irish-news/education/keeping-pupils-safe-from-harm-36676717.html>

### **'Fagin's Law' proposal targets coercive**

**parents** <https://www.irishexaminer.com/ireland/fagins-law-proposal-targets-coercive-parents-467984.html>

### **Preschool age exemption will apply for now**

<https://www.irishexaminer.com/ireland/preschool-age-exemption-will-apply-for-now-467917.html>

## HORSE RIDING FOR CHILDREN WITH ADDITIONAL NEEDS & THEIR SIBLINGS

DOYLES EQUESTRIAN CENTRE  
RATHVILLY

4 WEEK PROGRAMME STARTING WED 28TH FEBRUARY

|               |               |
|---------------|---------------|
| 3.30PM-4.30PM | 4-12 YR OLDS  |
| 4.30PM-5.30PM | 12-18 YR OLDS |
| 5.30PM-6.30PM | 18+           |

€5 PER PERSON PER LESSON

TO BOOK CONTACT TERESA ON  
[SIDOCARLOW@GMAIL.COM](mailto:SIDOCARLOW@GMAIL.COM)

OR  
0599136205





**National Programme for Screening and Brief Interventions (SBI) for Problem Alcohol & Substance Use - One Day Course**

**Training date scheduled for:**

**Date:** Wednesday 28<sup>th</sup> March 2018

**Venue:** Room 3, Library Education Centre, St Lukes Hospital, Kilkenny

**Time:** 9.30am – 4.30pm

**Who should attend?**

- Staff who have occasion to ask people about their alcohol use. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support and general health care services.

Further information: [johnj.leahy@hse.ie](mailto:johnj.leahy@hse.ie)

**Netflix just made it much easier for parents to control what their children can watch**

<https://www.irishexaminer.com/breakingnews/technow/netflix-just-made-it-much-easier-for-parents-to-control-what-their-children-can-watch-831008.html>

**Children eating extra meal a day in calories, says leading health official**

<https://www.belfasttelegraph.co.uk/news/health/children-eating-extra-meal-a-day-in-calories-says-leading-health-official-36671983.html>

**France to raise the age of consent after men escape rape charges**

<https://www.theguardian.com/world/2018/mar/05/france-to-raise-the-age-of-consent-after-men-escape-charges>

**Applications for teacher training degrees increase**

<https://www.irishexaminer.com/ireland/applications-for-teacher-training-degrees-increase-468056.html>

**Many living with undiagnosed deadly heart conditions**

<https://www.belfasttelegraph.co.uk/news/uk/many-living-with-undiagnosed-deadly-heart-conditions-36686607.html>

**Managing mental health should not be like climbing a mountain**

<https://www.irishtimes.com/life-and-style/health-family/managing-mental-health-should-not-be-like-climbing-a-mountain-1.3407558>

**Risky online behaviour more common in disadvantaged schools**

<https://www.irishtimes.com/business/technology/risky-online-behaviour-more-common-in-disadvantaged-schools-1.3420092>

**Almost half of children play online games for over-18s by time they are in sixth class**

<https://www.irishtimes.com/business/technology/almost-half-of-children-play-online-games-for-over-18s-by-time-they-are-in-sixth-class-1.3419860>

**We all know someone who is lesbian, gay, bisexual, or transgender (LGBT)...**

**Would you like to know more about ways to support your LGBT friends, neighbours and colleagues?**

You're warmly invited to an

**LGBT Awareness Workshop**

**Thursday 22<sup>nd</sup> March from 7 – 9pm**

**Sevenoaks Hotel, Carlow**

The workshop is free & tea/coffee provided!

Workshop includes...

- Understanding challenges facing LGBTI people
- Language and culture
- LGBT history in Ireland
- How to address discrimination

Workshop is delivered through Carlow Community Development Partnership



**LGBTI Voices in Carlow**

**Capacity Building for the LGBTI Community**

E: [lgbtworkcarlow@gmail.com](mailto:lgbtworkcarlow@gmail.com) / Facebook: LGBTWork Carlow Tel: 087 9890336



**PHARMACY AND BEAUTY RETAIL SKILLS QQI LEVEL 4**

This **FREE** course is designed for anyone:

- ✓ considering a career in Beauty
- ✓ interested in working in retail especially in a Pharmacy
- ✓ or needs a science subject at leaving cert level.



THE COURSE OFFERS QQI LEVEL 4 MODULES, IRISH PHARMACY UNION—OVER THE COUNTER PRODUCT KNOWLEDGE AND INTRODUCTION TO BEAUTY.



Starting **April 2018**  
Places are limited.

To apply or for further information contact

**Mary Donnelly**  
**056 7723309**  
**[newparkti@gmail.com](mailto:newparkti@gmail.com)**

**Allowances:** Learners under **25 years of age** may receive **€193 weekly** for the duration of the course. Travel Allowance — eligibility applies



| Training  | Date   | Time                                   | Fee  | Venue                         |
|---|--|--|------|-------------------------------|
| <b>February</b>   |  |  |      |                               |
| Safeguarding 1 – Basic Awareness Workshop in child welfare and protection | Monday 5 <sup>th</sup> February                                  | 6.45pm – 9.45pm                        | €20  | IT Carlow Barrow Centre RF209 |
| <b>March</b>  |  |  |      |                               |
| Slí Walking Leader Training 2018  | Friday 2 <sup>nd</sup> March<br>Saturday 3 <sup>rd</sup> March   | Friday 6pm – 9pm<br>Saturday 9am – 5pm | €50  | I.T. Carlow Barrow Centre     |
| <b>April</b>  |  |  |      |                               |
| Safeguarding 1 – Basic Awareness Workshop in child welfare and protection | Monday 16th April  | 6.45pm – 9.45pm                        | €20  | IT Carlow Barrow Centre RF209 |
| Sports First Aid  | Monday 16th April & Monday 23rd April                            | 6.00pm – 10pm                          | €50  | IT Carlow Barrow Centre RF210 |
| Rescue Emergency Care (REC) Level 3                                       | Saturday 21 <sup>st</sup> April<br>Sunday 22 <sup>nd</sup> April | Sat 9am – 6pm<br>Sunday 9am – 6pm      | €135 | TBC                           |
| Safeguarding 2 – Club Children's Officer Workshop                         | Monday 23 <sup>rd</sup> April                                    | 6.45pm – 9.45pm                        | €20  | IT Carlow Barrow Centre RF209 |
| Disability Awareness Training   | To Be Confirmed  | To Be Confirmed                        | TBC  | TBC                           |

To book a place on any of the above courses please contact the County Carlow Local Sports Partnership at 059 9136205 or by email at [scorrigan@carlowcoco.ie](mailto:scorrigan@carlowcoco.ie). Places are limited and will be allocated on a first come first served basis. Courses are subsidised by Sport Ireland. Check out our social media pages at County Carlow Sports Partnership

County Carlow Sports Partnership @cwslsp



## LEVEL 3 with AED

Date Saturday 21st April & Sunday 22nd April

Cost €135pp – Time 9.00am – 6pm each day

Location: Delta Centre

This is the current recognised minimum requirement for those working as Canoe Leader / Mountain leaders etc. and those intending to go on more adventurous outdoor activities such as mountain biking, rock climbing, DOE / Gaisce and wild camping expeditions

This course will be delivered through outdoor practical exercises and scenarios, supported by limited classroom sessions

### Course Content

- Accident procedure
- Airway problems,
- Choking,
- Bleeding
- Common medical emergencies,
- CPR and the use of an AED (Defib).
- Fractures including Sam Splints
- Serious injuries
- Burns
- Eye injuries
- Wilderness triad
- Casualty movement
- Carries and Improvised Stretchers
- Recording of vital signs
- Long term casualty care



For more information contact Sandra in the County Carlow Local Sports Partnership office on 059 9136205