

Carlow & Kilkenny Children & Young People's Services Committees

APRIL 13, 2018 VOLUME 4, NUMBER 11



Carlow Mental Health Association & Carlow Library

Getting to grips with Anxiety -

Carmel McEvoy Psychotherapist.

Looking at Anxiety, how it affects us and an introduction to some tools that can help us to manage

Tuesday 10th April 6-7pm Carlow Library

Living with loss -

Rita Kelly M.A. Bereavement and Loss (RCSI & IHF).

Exploring loss with all of its many faces and finding ways to start to move forward with your life

Tuesday 17th April 6-7pm . Carlow Library

Change your Thinking to change your life

Alison Redmond CBT therapist.

Changing your thinking to help you achieve the life you want to have Tuesday 24th April 6-7pm. Carlow Library











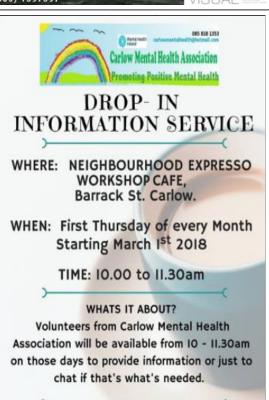




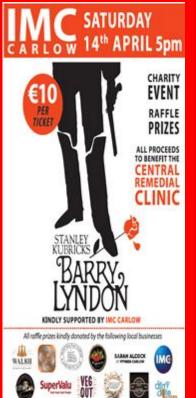




For more info contact Fiona at library@Carlowcoco.ie Tel: 059 9129705



If you need more information please call 0858181353







Enabling inclusive communities: achievements, challenges, future directions

Enabling inclusive communities: achievements, challenges, future directions

Friday 20th April 2018

Seminar Programme

9.15 am	Registration
10.00 am	Welcome and Introductions
	Maria Farry, Pobal
10.20 am	Supporting communities over 25 years: Reflections from Pobal
	Denis Leamy, CEO, Pobal
10.40 am	Enabling Inclusive Communities in 2017: A local perspective
	Lindsey Butler, Community and Culture Department, Kilkenny County Council
11.00 am	Enabling Inclusive Communities post 2017: a national perspective
	Dr. Chris McInerney, Department of Politics and Public Administration, University of Limerick
11.20 am	Questions and Answers
11.45 am	Tea/Coffee
12.15 pm	Round table discussions on the future challenges and opportunities

Please <u>register</u> as early as possible if you or representatives of your organisation plan to attend

End with Lunch

1.30pm

Scale of violence against Irish children

hidden, claims EU https://www.irishtimes.com/news/crime-and-law/scale-of-violence-against-irish-children-hidden-claims-eu-1.3454940

State urged to introduce 'victim surcharge' to replace poor box https://www.irishtimes.com/news/crime-and-

law/state-urged-to-introduce-victim-surcharge-to-replace-poor-box-1.3454885

Surge in childcare demand drives applications for new facilities

https://www.irishtimes.com/news/education/surge-in-childcare-demand-drives-applications-for-new-facilities-1.3454985

The schoolgirl raising understanding about

young carers https://www.irishtimes.com/life-and-style/health-family/the-schoolgirl-raising-understanding-about-young-carers-1.3450319

'If you're going to create demand, you are creating supply - when the next person dies you need to take some responsibility' campaign looks at recreational drug use

https://www.independent.ie/irish-news/news/if-youre-going-to-create-demand-you-are-creating-supply-when-the-next-person-dies-you-need-to-take-some-responsibility-campaign-looks-at-recreational-drug-use-36777007.html

Parents with partial custody have no rooms

for kids https://www.irishexaminer.com/ireland/parents-with-partial-custody-have-no-rooms-for-kids-469247.html

Defence barristers can not be allowed revictimise rape trial witnesses - Victims Rights

Alliance https://www.irishexaminer.com/breakingnews/ireland/rapevictims-should-have-evidence-pre-recorded-to-save-courtroom-trauma-report-836389.html

Food allergies in children linked to baby wipes, study finds

https://www.belfasttelegraph.co.uk/news/uk/food-allergies-in-children-linked-to-baby-wipes-study-finds-36781798.html

No more gobbledegook, lawyers told

https://www.irishexaminer.com/ireland/no-more-gobbledegook-lawyers-told-469293.html

MAKING CENTS: Students should learn now if eligible for a grant

https://www.irishexaminer.com/breakingnews/lifestyle/features/making-cents-students-should-learn-now-if-eligible-for-a-grant-836497.html

Men who fail to equal parents' achievements 'suffer mental distress'

https://www.theguardian.com/society/2018/apr/10/men-fail-equal-parents-achievements-suffer-severe-distress-divorce

Many workers totally inactive in their jobs http://www.irishhealth.com/article.html?id=26159

Rural women 'pigeon-holed' into low-paid jobs if returning to work

https://www.irishtimes.com/news/social-affairs/rural-women-pigeon-holed-into-low-paid-jobs-if-returning-to-work-1.3457489

2,400 children on trolleys as beds shortage hits youngest https://www.independent.ie/irish-

news/health/2400-children-on-trolleys-as-beds-shortage-hits-youngest-36796012.html

Non-Violent Resistance (NVR) Programme for Parents

Some Parents struggle to deal with and respond to aggressive, controlling or abusive behaviours from their children. Despite trying every option available to them the problem may persist.

The Non-Violence Resistance (NVR) Programme provides an alternative approach to support parents.

Barnardos uses this approach with individual families and now plan to introduce this programme in a group setting.

Start Date: Wed May, 2nd 2018 for approximately 6 weeks.

Venue: 24 Askea Lawns, Tullow Road, Carlow

Time: 10 a.m. to 12 noon.

Cost: FREE



For further information or to book a place please contact Barnardos on 059 9132868



Foundation Programme in Sexual Health Promotion

18th & 19th September, 16th & 17th October 6th & 7th November

27th & 28th November 11th & 12th December 2018

Dungarvan, Co Waterford

<u>Course Aim</u>: To enhance participants' capacity to incorporate sexual health promotion into their work through the development of their comfort levels, confidence, knowledge and skills in relation to sexual health

Application Process Step 1: Application Form

Step 2: Telephone interview

Closing date for applications is:

Friday 18th May 2018

Application forms are available from

Tracey Tobin tracy.tobin@hse.ie / 0879028590

Report reveals only 1% of aid for early child development goes on education

https://www.theguardian.com/global-development/2018/apr/11/aidearly-child-development-education

Exercise cuts heart disease risk even if genetic http://www.irishhealth.com/article.html?id=26164
Mental health issues make premature birth more likely – study

https://www.irishtimes.com/news/health/mental-health-issues-make-premature-birth-more-likely-study-1.3460147

Fail. Fail again. Fail better – the story of my parenting life https://www.irishtimes.com/life-and-style/people/fail-fail-again-fail-better-the-story-of-my-parenting-life-1.3458246

Labelling alcohol products: It's time to put the facts where they belong – on the bottle

https://www.irishtimes.com/life-and-style/health-family/labelling-alcohol-products-it-s-time-to-put-the-facts-where-they-belong-on-the-bottle-1.3459815

Call to tie future Scouts funding to child protection standards

https://www.irishtimes.com/news/social-affairs/call-to-tie-future-scouts-funding-to-child-protection-standards-1.3459551

We buy more treats than fruit and veg, report says https://www.irishexaminer.com/ireland/we-buy-

more-treats-than-fruit-and-veg-report-says-469405.html

Parents to choose patrons of new schools

Parents to choose patrons of new schools through online system

https://www.irishexaminer.com/ireland/parents-to-choose-patrons-of-new-schools-through-online-system-469416.html

Vow to fast-track social housing projects https://www.irishexaminer.com/ireland/vow-to-fast-track-social-housing-projects-469420.html

First step to kidney cancer may occur in childhood, study finds

https://www.irishexaminer.com/breakingnews/world/first-step-to-kidney-cancer-may-occur-in-childhood-study-finds-837086.html

App under development in Ireland aims to silence cyber bullies

https://www.irishtimes.com/business/innovation/app-under-development-in-ireland-aims-to-silence-cyber-bullies-1.3457223?mode=sample&auth-failed=1&pw-

<u>origin=https%3A%2F%2Fwww.irishtimes.com%2Fbusiness%2Finnovation%2Fappunder-development-in-ireland-aims-to-silence-cyber-bullies-1.3457223</u>

€5,000 a year 'best kept secret'

https://www.independent.ie/irish-news/education/5000-a-year-best-kept-secret-36794091.html

Learning points: Show your child how to cope with anxiety, not beat it

https://www.irishexaminer.com/breakingnews/lifestyle/features/learning-points-show-your-child-how-to-cope-with-anxiety-not-beat-it-836904.html

Spend more aid on early years education for a life of opportunity

https://www.theguardian.com/global-development/2018/apr/11/aidearly-years-education-opportunity-sarah-brown

Student loans and third-level funding off

the agenda https://www.independent.ie/irish-

<u>news/education/student-loans-and-thirdlevel-funding-off-the-agenda-</u>36799185.html



Please see link for information on the <u>Quality and</u> <u>Capacity Building Initiative</u> funding opportunity. This information will be available on the TUSLA website also

C2m Fund seeks 'Ground-breaking' proposals to support young people

'Time to think anew to break cycle of disadvantage'
Quality and Capacity Building Initiative supported through
Dormant Accounts Funding

Statement by the Minister for Children and Youth Affairs, Dr Katherine Zappone

Wednesday 4th April 2018

The Minister for Children and Youth Affairs Dr Katherine Zappone TD, has launched a new €2m fund to support 'ground-breaking and new proposals' to support disadvantaged young people.

This fund is open to community, voluntary and not-for-profit organisations delivering innovation in prevention and early intervention services for children and young people.

Examples of proposals being sought include the development or scaling up of innovative approaches, practices and resources that support the best outcomes for children and young people.



County Carlow Local Sports Partnership Training & Education January – April 2018



Training	Date	Time	Fee	Venue	
February					
Safeguarding 1 – Basic Awareness Workshop in child welfare and protection	Monday 5 th February	6.45pm – 9.45pm	€20	IT Carlow Barrow Centre RF209	
March					
Slí Walking Leader Training 2018	Friday 2 nd March Saturday 3 rd March	Friday 6pm – 9pm Saturday 9am – 5pm	€50	I.T. Carlow Barrow Centre	
April					
Safeguarding 1 – Basic Awareness Workshop in child welfare and protection	Monday 16th April	6.45pm – 9.45pm	€20	IT Carlow Barrow Centre RF209	
Sports First Aid	Monday 16th April & Monday 23rd April	6.00pm – 10pm	€50	IT Carlow Barrow Centre RF210	
Rescue Emergency Care (REC) Level 3	Saturday 21 ^{ct} April Sunday 22 nd April	Sat 9am – 6pm Sunday 9am – 6pm	€135	ТВС	
Safeguarding 2 – Club Children's Officer Workshop	Monday 23 rd April	6.45pm – 9.45pm	€20	IT Carlow Barrow Centre RF209	
Disability Awareness Training	To Be Confirmed	To Be Confirmed	твс	твс	

To book a place on any of the above courses please contact the County Carlow Local Sports Partnership at 059 9136205 or by email at scorrigan@carlowcoco.ie Places are limited and will be allocated on a first come first served basis. Courses are subsidised by Sport Ireland. Check out our social media pages at County Carlow Sports Partnership





